



SUNTA RISIN (RICIN)

Sunta Risin (Ricin) waa sun xoog leh oo borottiin ah oo laga keenay midhaha geedka loo yaqaano balambal (castor plant) (*Ricinus communis*). Midhaha geedkaa waxay ka baxaan dunida oo dhan, suntana si fudud ayaa looga sameyn karaa.

Qaadista

Sababta oo ah risin oo siyaabo kale duwan dadka u soo gaadhi karta, haddii ay argagixiso isticmaasho waxay ku dari karaan biyaha ama cuntada, ama waxay soo raacin karaan gantaalo, ama sunta risin oo ah biyo ayay goob ku buufin karaan ama budo ahaan ayay u firdhin karaan.

Calaamadaha

Tabar-dari, qandho, qufac iyo sambabka oo biyo ku ururaan ka dib 18 ilaa 24 saacadood ka dib marka sunta qofku neefsado, waxana ku xiga dhibaato daran xagga neefsashada iyo geeri ka timaada yaraanta oksijiinta dhiigga ku jirta gudaha 36 ilaa 72 saacadood.

Daweynta

Daryeelku waa mid taageero ah waxana ku jira daweyn qofka laga daweyyo biyaha galay sambabka. Waa in la qaado talaabooyin caloosha sunta lagaga nadiifinayo haddii sunta la liqay.

Talaalka/Ka-hortagga

Wakhtigan, ma jiro talaal ama lid-sun oo ka-hortagga loogu talogalay oo loo hayo bini'aadanka, inkastoo aad moodid in talaalista xayawaanka lagu tijaabiyay ay rajo ka muuqato. Isticmaalka wajji-qaris ayaa wakhtigan ah sida ugu wacan ee looga badbaadi karo in sunta la neefsado.

Sun Saarista

Waa in shaqaalaha caafimaadku qaadaan talaabooyin taxadir ah oo ah nooca la isla gartay. Heehaab hawada ku jira oo aan ka iman buufinta koobaad ma noqon doono mid halis u ah shaqaalaha daryeelka caafimaadka. Milan ah 'hypochlorite' (0.1% sodium hypochlorite) iyo/ama saabuun iyo biyo ayaa sunta ka qaadi karaa maqaarka dushiisa.

Wixii ah war dheeraad ah, wac North Dakota Department of Health (Waasaaradda Caafimaada ee Waqooyiga Dakota) oo leh lambarka 701.328.2378.